Treaty of Middelburg

Addendum 1
Goals and Action Points

Composed during the International Youth Freedom
Conference on May 2 and 3, 2025
in Middelburg, The Netherlands

Preamble

We, the 200 youth ambassadors of freedom from more than 50 countries worldwide, gather to commemorate and pass on the liberation 80 years after the end of World War II. We reflect on President Roosevelt´s Four Freedoms speech of January 1941.

This document sets out a collection of 192 goals and action points reflecting the principles, needs, and ambitions of the Youth Freedom Conference. These formulations are intended as examples of how fundamental rights and freedoms might be pursued through meaningful and achievable action.

While each goal and action point has been crafted with care, this list is not exhaustive. Other actions, strategies, or policy instruments may be appropriate or necessary depending on context. This treaty does not preclude the recognition or pursuit of additional rights, interpretations, or future developments in law and policy.

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Freedom of Speech and Expression

Article 1.1: Personal Expression

GOAL 01

Uphold Expression as a Fundamental Right

Definition: To recognize and safeguard freedom of expression as essential for autonomy, dignity, and democratic participation.

Action Points:
- Educate individuals about the right to free expression and the importance of respectful dialogue.
- Encourage respectful, inclusive public discourse across generations.
- Raise awareness among parents to support children's open development.

GOAL 02

Ensure Inclusivity of All Forms of Expression

Definition: Guarantee that all modes of expression (oral, written, visual, non-verbal) are respected equally.

Action Points:
- Establish a review board to adapt freedom of expression definitions to new communication forms.
- Emphasize context and intent in assessing sensitive expression.

GOAL 03

Foster Pluralism in Expression

Definition: Promote an open society where diverse viewpoints, especially from marginalized groups, are protected and amplified.

Action Points:
- Organize town halls, conventions, and dialogue spaces.
- Create platforms for minority voices and underrepresented perspectives.

Freedom of Speech and Expression

GOAL 04

Safeguard Artistic Expression

Definition: Protect the right of artists to express cultural, political, or personal views through creative media without censorship.

Action Points:
- Enforce legal protections for artists facing discrimination or censorship.
- Ensure safe creative spaces, particularly in restrictive societies.

GOAL 05

Adapt Legal Frameworks to New Technologies in Art

Definition: Update copyright and authorship laws to address challenges from AI-generated and AI-assisted content.

Action Points:
- Differentiate legally between human-AI collaboration and autonomous AI output.
- Define terms like "AI-generated art" and "derivative works" clearly.
- Require mandatory attribution in AI-assisted creations.

GOAL 06

Protect Cultural Heritage from Destruction

Definition: Prevent attacks on cultural artworks as acts of protest and reinforce their value in society.

Action Points:
- Enact laws penalizing intentional destruction of cultural heritage.
- Launch public awareness campaigns on the importance of art and history.

Freedom of
Speech and Expression

Promote Safe and Free Expression on Digital Platforms

Definition: Enable individuals to express themselves online safely, without manipulation, surveillance, or disinformation.

Action Points:
- Enforce transparency from platforms on algorithmic changes and takedown requests.
- Ensure AI content moderation is subject to human oversight.

Build Digital Literacy and Misinformation Resilience

Definition: Equip users with the knowledge and tools to navigate and critically assess digital content.

Action Points:
- Launch educational programs on media literacy and content verification.
- Raise awareness of fake news and propaganda indicators.
- Set minimum age standards for social media use.

Establish Legal Frameworks for Digital Expression

Definition: Create consistent laws that protect expression online and penalize digital hate and threats.

Action Points:
- Criminalize hate speech and violent threats on digital platforms.
- Classify social media as a global public good, accessible to all.
- Clarify national and international jurisdiction for online violations.

Freedom of Speech and Expression

GOAL 10

Protect Peaceful Protest and Symbolic Acts

Definition: Guarantee the right to express dissent through peaceful assembly and symbolic gestures.

Action Points:
- Make protest permits more accessible and transparent.
- Provide legal aid and safety mechanisms for protestors.
- Train law enforcement in peaceful protest management.
- Recognize symbolic acts (e.g., flag burning) as protected forms of expression.

GOAL 11

Prevent Abuse of Restriction Laws

Definition: Ensure laws restricting expression (e.g., state secrecy, defamation) are clear, proportionate, and not abused.

Action Points:
- Define and review secrecy classifications through independent oversight.
- Protect whistleblowers and journalistic integrity.
- Harmonize hate speech laws internationally while preserving freedom of speech.

Freedom of Speech and Expression

Article 1.2: Social media and communication

GOAL 12

Promote Media Literacy

Definition: Ensure that all individuals can critically assess and understand media content to make informed decisions.

Action Points:
- Integrate critical thinking and media literacy into education systems.
- Promote the humanities and diverse journalistic perspectives.
- Provide training on identifying different types of media and their purposes.

GOAL 13

Ensure Equal Access to Diverse Information

Definition: Eliminate financial, geographic, and social barriers to accessing quality information.

Action Points:
- Expand affordable internet access and infrastructure.
- Reduce paywalls through institutional partnerships and subsidies.
- Run awareness campaigns in rural areas on digital access and right

GOAL 14

Provide Contextual Integrity in News Consumption

Definition: Empower individuals to understand the full context behind information and news they receive.

Action Points:
- Use ethical AI to summarize and present news from multiple angles.
- Ensure transparency in news agency funding and operations.
- Encourage multi-perspective communication from governments.

Freedom of
Speech and Expression

GOAL
15

Strengthen Data Protection Laws

Definition: Protect user privacy and personal data across all digital platforms.

Action Points:
- Enforce the right to delete data and auto-delete inactive accounts.
- Notify users when their data is stored, shared, or sold.
- Implement standard privacy protocols across platforms.

GOAL
16

Increase Transparency of Data Usage

Definition: Ensure users are clearly informed about how their data is used.

Action Points:
- Require tech companies to publish plain-language summaries of data policies.
- Make government rules and responsibilities on data visible to the public.
- Hold platforms accountable for breaches and misuse.

GOAL
17

Protect Whistleblowers and Journalists

Definition: Shield those who expose wrongdoing or work with sensitive information.

Action Points:
- Guarantee secure, encrypted communication channels.
- Pass laws protecting against retaliation for disclosures in public interest.
- Fund legal support and secure platforms for vulnerable communicators.

Freedom of
Speech and Expression

GOAL
18

Protect the Right to Digital Identity and Anonymity

Definition: Uphold the freedom to maintain or erase one's online presence and identity.

Action Points:
- Recognize the right to digital suicide (complete erasure of online data).
- Prevent forced identity disclosure unless legally required.
- Promote secure and pseudonymous participation in digital spaces.

GOAL
19

Ensure the Right to Disconnect

Definition: Guarantee the ability to disengage from digital systems outside working hours without consequence.

Action Points:
- Create legal frameworks for digital disconnection rights.
- Require institutions to respect personal offline time.
- Promote awareness campaigns on healthy tech boundaries.

GOAL
20

Protect Vulnerable Groups Online

Definition: Shield individuals and communities from online harassment and exploitation.

Action Points:
- Define and support vulnerable digital populations (e.g., youth, minorities).
- Offer legal and technical resources to help them protect their data.
- Encourage platforms to develop targeted safety tools.

Freedom of
Speech and Expression

GOAL
21

Enhance Media Accessibility

Definition: Eliminate structural and economic barriers that prevent people from accessing diverse, global content.

Action Points:
- Advocate for reduced geo-blocking and content paywalls.
- Promote inclusive content policies in public broadcasting.
- Expand multilingual content availability.

GOAL
22

Prevent Censorship by Governments or Corporations

Definition: Safeguard individual expression from unjust suppression by states or businesses.

Action Points:
- Implement laws against unjust takedowns and account bans.
- Ensure transparency in moderation and takedown processes.
- Support legal recourse for users affected by censorship.

GOAL
23

Foster Information Diversity

Definition: Promote exposure to a wide range of perspectives in media and communication.

Action Points:
- Partner with educational institutions to teach critical media analysis.
- Incentivize pluralistic media content through funding or recognition.
- Promote open-source platforms for global dialogue.

Freedom of Speech and Expression

GOAL 24

Increase Transparency in Algorithms

Definition: Require platforms to disclose how content is filtered, recommended, and prioritized.

Action Points:
- Enforce transparency reports on algorithmic logic and changes.
- Educate users on algorithmic influence.
- Ensure algorithmic moderation includes human oversight.

GOAL 25

Counter Disinformation Campaigns

Definition: Build decentralized, community-based tools to detect and respond to misinformation.

Action Points:
- Launch collaborative feedback and flagging systems.
- Educate users on evaluating sources and recognizing bias.
- Require public visibility for all moderation decisions.

GOAL 26

Promote Ethical AI Use in Communication

Definition: Guide responsible AI deployment in communication platforms and media spaces.

Action Points:
- Develop and adopt ethical guidelines for AI in journalism and media.
- Distinguish between human-created and AI-generated content.
- Train AI developers in bias awareness and inclusion.

Freedom of Speech and Expression

Article 1.3: Political Freedom

GOAL
27

Integrate Political Education

Definition: Ensure that all individuals, especially youth, learn about civic participation, democratic values, and political systems.

Action Points:
- Include civic education in school curricula across member states.
- Fund civic education programs by the EU, UN, and NGOs.
- Promote critical thinking and political reflection from an early age.

GOAL
28

Improve Access to Transparent Political Information

Definition: Guarantee access to accurate, clear, and balanced information about political processes.

Action Points:
- Develop international criteria to assess political content and misinformation.
- Invest in public, non-partisan information resources.
- Promote fact-based election content through independent agencies.

GOAL
29

Regulate Political Use of AI and Internet

Definition: Prevent manipulation of political narratives through unregulated AI or online disinformation.

Action Points:
- Enact laws against political misuse of AI.
- Sanction intentional misinformation campaigns.
- Hold platforms accountable for hosting misleading political content.

Freedom of
Speech and Expression

GOAL
30

Ensure Political Information is Accessible to All

Definition: Make political participation accessible regardless of disability, location, or language.

Action Points:
- Fund development of accessible political content.
- Provide ELS (sign language) interpretation during debates.
- Commission inclusive platforms for all voters.

GOAL
31

Prioritize Common Interest in Decision-Making

Definition: Ensure politicians act in the collective public interest, not for private or party gain.

Action Points:
- Require politicians to disclose conflicts of interest.
- Strengthen transparency in political decision-making.
- Promote leadership based on justice, equity, and participation.

GOAL
32

Protect the Right to Speak Freely Without Reprisal

Definition: Ensure freedom of speech and protest without fear of censorship, retaliation, or violence.

Action Points:
- Enforce legal protections for peaceful protest and speech.
- Monitor and prevent suppression of activists and journalists.
- Promote education on free speech rights.

GOAL
33

Encourage Diverse Forms of Expression

Definition: Promote inclusivity in political conversations and public discourse.

Freedom of Speech and Expression

Action Points:
- Fund community-based dialogue platforms.
- Promote educational programs that encourage public voice.
- Create safe spaces for civic engagement.

GOAL 34

Strengthen Democratic Deliberation

Definition: Promote thoughtful, respectful, and well-informed debate across all political levels.

Action Points:
- Partner with schools and NGOs to foster open debate.
- Fund initiatives that support deliberative democracy.
- Ensure freedom of the press and association.

GOAL 35

Protect Good-Faith Debaters and Critics

Definition: Safeguard individuals who engage in respectful, lawful deliberation.

Action Points:
- Criminalize threats against political debaters.
- Clarify legal protections for peaceful dissent.
- Educate on the difference between expression and incitement.

GOAL 36

Encourage Broad Participation in Political Processes

Definition: Make political participation a norm across all ages, backgrounds, and communities.

Action Points:
- Run inclusive participation campaigns led by public bodies.
- Offer platforms for youth, women, and minorities to participate.
- Establish international dialogue programs.

Freedom of
Speech and Expression

GOAL
37

Ensure Inclusive Political Representation

Definition: Actively include underrepresented groups in political decision-making.

Action Points:
- Remove barriers to candidacy for marginalized communities.
- Hold authorities accountable for inclusion failures.
- Provide targeted education and funding for inclusive governance.

GOAL
38

Remove Barriers to Political Engagement

Definition: Eliminate legal and structural barriers that limit full participation.

Action Points:
- End voter suppression and restrictive registration policies.
- Guarantee legal protection for socio-political organizing.
- Allow civil action against unjust participation barriers.

GOAL
39

Promote Transparent and Accountable Governance

Definition: Ensure open government and accountability at all decision-making levels.

Action Points:
- Enact open data laws and transparency protocols.
- Require full political finance disclosure.
- Enforce anti-corruption laws with independent oversight.

GOAL
40

Uphold Rule of Law and Human Rights

Definition: Apply laws fairly and protect rights for all, including vulnerable communities.

Freedom of
Speech and Expression

Action Points:
- Train judicial actors in rights-based approaches.
- Provide universal access to legal aid.
- Monitor and prevent rights violations.

GOAL
41

Defend the Right to Organize and Protest

Definition: Protect civic space and ensure protest and association rights are respected.

Action Points:
- Reform laws that restrict peaceful assembly.
- Protect protestors from violence and retaliation.
- Create dialogue spaces between civil society and government.

GOAL
42

Ensure Just and Equitable Policymaking

Definition: Create inclusive policies that reflect the needs of all citizens.

Action Points:
- Conduct impact assessments on marginalized groups.
- Dismantle systemic discrimination in governance.
- Institutionalize participatory governance.
- Eliminate legal and practical barriers to public input.

Freedom of Speech and Expression

Article 1.4: Education and knowledge sharing

GOAL
43

Increase Accessibility to Academic Education

Definition: Make academic education more affordable, flexible, and inclusive.

Action Points:
- Subsidize higher education and digital learning platforms.
- Provide public funding for open-access academic databases.
- Expand remote learning options and native-language instruction.

GOAL
44

Make Academic Careers More Appealing

Definition: Support and celebrate educators through improved benefits and mobility.

Action Points:
- Raise teacher salaries and offer benefits like pensions and insurance.
- Reduce training costs and increase teaching mobility across borders.
- Recognize exceptional educators through award systems and international opportunities.

GOAL
45

Safeguard Academic Tenure

Definition: Protect academic freedom by securing employment rights.

Action Points:
- Prevent the abuse of legal loopholes to dismiss tenured educators unfairly.
- Establish EU-level protections for academic integrity.

Freedom of
Speech and Expression

GOAL
46

Reduce Gaps Between Public and Private Education

Definition: Ensure equitable standards and opportunities regardless of school type.

Action Points:
- Standardize graduation certification across all educational institutions.
- Improve public education through teacher training and curriculum quality.
- Evaluate and adjust subsidies for private schools.

GOAL
47

Promote Critical Thinking Through Non-Academic Education

Definition: Empower lifelong learning and critical thought beyond formal education.

Action Points:
- Train teachers to incorporate critical thinking into lessons.
- Include empathy, media literacy, and conflict resolution from an early age.
- Ensure teacher certification includes tools for non-academic knowledge transfer.

GOAL
48

Support Cultural and Indigenous Knowledge

Definition: Protect and fund grassroots knowledge systems and their dissemination.

Action Points:
- Create platforms for sharing indigenous and minority knowledge.
- Increase cultural event funding and research representation.
- Make traditional knowledge freely available after a given period (like patents).

Freedom of Speech and Expression

GOAL 49

Reduce External Political and Economic Influence

Definition: Safeguard academic independence and objectivity.

Action Points:
- Outlaw political or corporate censorship of research.
- Disclose all academic funding and affiliations publicly.
- Encourage international exchange for faculty and researchers.

GOAL 50

Expand Equitable Access to Education

Definition: Remove barriers for marginalized and disadvantaged groups.

Action Points:
- Subsidize education, eliminate paywalls, and increase public investment.
- Build disabled-friendly campuses and offer assistive housing.
- Translate educational material into non-dominant languages.

GOAL 51

Promote Targeted Youth Education

Definition: Provide foundational knowledge and global soft skills from a young age.

Action Points:
- Introduce critical thinking and life skills into early education.
- Empower NGOs working with underprivileged children.

GOAL 52

Enable Cross-Border Knowledge Sharing

Definition: Encourage intercultural learning between youth across nations.

Freedom of
Speech and Expression

Action Points:
- Establish digital and in-person school exchange programs.
- Ensure children's basic needs are met to facilitate learning.

GOAL
53

Promote Self-Sufficiency and Knowledge Stability

Definition: Build long-term educational infrastructure in developing countries.

Action Points:
- Fund global training programs in both academic and practical skills.
- Support community-driven development and grassroots learning.

GOAL
54

Promote Transparency in Educational Systems

Definition: Disclose affiliations, biases, and influences behind knowledge.

Action Points:
- Mandate funding disclosures in all research and academic content.
- Standardize transparency laws and funding declarations.

GOAL
55

Ensure Diverse Perspectives in Education

Definition: Protect the right to challenge and engage with varied worldviews.

Action Points:
- Require academic institutions to include multiple viewpoints.
- Create international modules with global cultural representation.

Freedom of
Speech and Expression

GOAL
56

Increase External Reliability of Academic Resources

Definition: Ensure academic output is trustworthy and subject to review.

Action Points:
- Document institutional partnerships and curriculum contributors.
- Host public forums for community feedback and curriculum review.

GOAL
57

Advance Ethical Use of AI in Education

Definition: Promote inclusive and transparent AI development for learning purposes.

Action Points:
- Label hallucinated AI outputs and disclose model funding.
- Train AI developers in ethics and bias awareness.
- Offer global education on AI for children and elderly populations.

Freedom of Speech and Expression

Article 1.5: Responsibility in freedom

GOAL
58

Prevent Government and Corporate Censorship

Definition: Protect freedom of expression from manipulation by state or commercial interests.

Action Points:
- Establish an international expert body to monitor and report censorship by states and corporations.
- Promote global standards on transparency, pluralism, and expression.
- Enforce reputational sanctions (e.g., blacklists, certifications).
- Regulate lobbying in media and ensure diverse ownership.

GOAL
59

Safeguard Independent Media and Democratic Participation

Definition: Ensure journalists and citizens can express themselves without fear or bias.

Action Points:
- Pass strong protections for investigative journalists and whistleblowers.
- Fund independent media that serve democratic goals.
- Guarantee legal defense for those targeted by censorship.

GOAL
60

Expose and Counter State-Led Misinformation

Definition: Prevent abuse of information by governments for political or ideological purposes.

Action Points:
- Establish an international fact-checking authority under the UN.
- Promote evidence-based communication from public officials.
- Penalize deliberate state-sponsored disinformation.

Freedom of Speech and Expression

61

Counter Individual-Level Misinformation

Definition: Strengthen public knowledge systems to prevent manipulation by private actors.

Action Points:
- Build national institutions that verify and communicate accurate information.
- Provide education to help people question beliefs and identify bias.
- Ensure civic spaces allow all voices and challenge disinformation.

GOAL
62

Promote Public Deliberation and Discourse

Definition: Create spaces and tools where citizens can shape policy and challenge misinformation.

Action Points:
- Launch civic platforms (apps, centers) for discussion and voting.
- Promote moderated dialogue and citizen-submitted policy ideas.
- Foster local civic centers to build collective knowledge.

Freedom of Worship

Article 2.1: Religious tolerance

GOAL
63

Ensure Equal Protection of Religious Rights

Definition: Guarantee that all individuals are treated equally under the law regardless of belief.

Action Points:
- Train policy-makers in fair, unbiased decision-making.
- Enforce equal application of laws to all religions and beliefs.
- Ensure access to independent legal recourse for rights violations.

GOAL
64

Promote Universal Understanding of Religious Rights

Definition: Increase awareness and accessibility of religious rights and boundaries.

Action Points:
- Integrate religious rights education into school curricula.
- Create open platforms for questions and dialogue.
- Publish clear, accessible documentation of rights.

GOAL
65

Protect Expression of Religion in Public Life

Definition: Enable individuals to peacefully express religious or non-religious beliefs in public spaces.

Action Points:
- Develop inclusive guidelines for institutions to accommodate religious expression.
- Promote awareness campaigns on religious freedom as a human right.
- Prevent retaliation or exclusion for peaceful religious expression.

Freedom of Worship

GOAL 66

Foster Inclusive Platforms for Religious Expression

Definition: Ensure equal access to cultural, artistic, and digital means of expression for all belief systems.

Action Points:
- Fund media projects amplifying diverse belief systems.
- Collaborate with digital platforms to protect belief-based expression.

GOAL 67

Support Interfaith Dialogue and Cooperation

Definition: Use expression rights to build bridges between belief systems.

Action Points:
- Organize youth exchanges and collaborative storytelling.
- Integrate religion and freedom of expression into peace education.

GOAL 68

Defend Freedom of Belief and Change

Definition: Respect the individual's right to explore, adopt, or reject any belief freely.

Action Points:
- Ensure access to uncensored religious and philosophical materials.
- Integrate belief exploration into education in an open, balanced manner.
- Allow opting out of belief-based activities in schools and public settings.

Freedom of Worship

GOAL
69

Protect Religious Practice in Daily Life

Definition: Enable safe and equal practice of religion or belief in both public and private spheres.

Action Points:
- Ensure availability of prayer rooms and space for worship.
- Allow flexibility in schedules for religious observance.
- Equalize the allocation of religious and secular holidays.
- Provide accessible appeal processes for practice-related violations.

Freedom of Worship

Article 2.2: Freedom of belief

GOAL 70

Reduce Imposed Belief from Early Life

Definition: Empower individuals to reflect on, question, and reshape beliefs learned through upbringing.

Action Points:
- Include reflective sessions in school to foster self-awareness.
- Encourage journaling and social interaction to discover personal identity.
- Promote diverse social environments and storytelling for value reflection.

GOAL 71

Counter Bias in Social Media Algorithms

Definition: Ensure that belief formation is not unfairly shaped by algorithmic influence.

Action Points:
- Regulate algorithms to offer balanced content options.
- Integrate media behavior awareness into education.
- Design platforms to display clear screen-time and content diversity statistics.

GOAL 72

Relieve Peer Pressure and Social Conformity

Definition: Help individuals recognize and resist social pressure to adopt group norms.

Action Points:
- Teach self-reflection and value identification in education.
- Promote diverse leadership and storytelling.
- Run campaigns and simulations showing real-world conformity mechanisms.

Freedom of Worship

GOAL 73

Create Safe and Balanced Belief Environments

Definition: Encourage respectful coexistence of differing belief systems.

Action Points:
- Train educators and leaders in identifying and responding to bias.
- Host moderated discussion forums in schools and communities.

GOAL 74

Expand Access to Diverse Beliefs Across Borders

Definition: Make diverse philosophical, spiritual, and ethical worldviews widely available.

Action Points:
- Add worldview education to standard curricula.
- Develop accessible exchange programs and global dialogue platforms.

GOAL 75

Ensure the Right to Change Belief

Definition: Guarantee that belief change is respected and free from consequence.

Action Points:
- Mandate legal protections for belief-change cases.
- Set up international reporting bodies for violations.
- Provide legal, emotional, and housing support through NGOs.

GOAL 76

Defend the Right to Justify and Express Beliefs

Definition: Uphold the individual right to explain and defend their beliefs in a safe environment.

Freedom of Worship

Action Points:

- Embed worldview representation in school materials.
- Facilitate moderated dialogue circles at school and community levels.
- Support grassroots initiatives and media that normalize belief diversity.

GOAL 77

Foster Societal Acknowledgment of Belief Diversity

Definition: Promote collective understanding that differences in belief are part of a healthy, inclusive society.

Action Points:

- Launch national Belief Diversity Days.
- Provide bias-awareness training for public staff.
- Set up advisory councils on belief inclusion and dialogue.

GOAL 78

Protect Against Belief-Based Oppression

Definition: Shield individuals from harm or exclusion based on belief, as long as they respect others.

Action Points:

- Enforce anti-discrimination laws on belief expression.
- Legally protect peaceful belief-based protest.
- Monitor and publish reports on belief-based oppression.

Freedom of Worship

Article 2.3: Faith in society

GOAL
79

Enable Safe Spaces for Identity and Belief

Definition: Provide physical and digital environments where individuals feel safe to express and explore who they are.

Action Points:
- Establish inclusive public spaces that welcome all identities and beliefs.
- Ensure accessibility to community resources, facilities, and education.

GOAL
80

Facilitate Integration with Dignity

Definition: Support newcomers in joining communities without pressure to abandon their identities.

Action Points:
- Create local integration programs focused on mutual respect.
- Prevent gentrification and cultural erasure through inclusive planning.

GOAL
81

Guarantee Equal Access Within Communities

Definition: Eliminate structural hierarchies and protect equal rights for all community members.

Action Points:
- Remove social or institutional barriers based on belief.
- Facilitate free information exchange among diverse groups.

Freedom of Worship

GOAL 82

Protect Religious Worship in Society

Definition: Ensure that religious expression in public life is respected and safeguarded.

Action Points:
- Increase the availability and visibility of worship spaces.
- Respect religious practices within daily routines and public schedules.
- Provide security and rights protection at religious events.

GOAL 83

Promote Dialogue Across Communities

Definition: Encourage communication and shared understanding between belief systems.

Action Points:
- Build multilingual platforms and forums for intercultural exchange.
- Support awareness campaigns and knowledge sharing.

GOAL 84

Expand Community-Based Education

Definition: Provide learning opportunities to build mutual respect and skills.

Action Points:
- Offer local language and culture classes.
- Support informal learning environments across generations and backgrounds.

GOAL 85

Strengthen Interpersonal Skills Across Cultures

Definition: Equip individuals to navigate diverse communities with empathy and respect.

Freedom of Worship

Action Points:
- Provide training in dialogue, active listening, and conflict resolution.
- Encourage acceptance of difference as a societal strength.

GOAL
86

Safeguard Individual Autonomy from Coercion

Definition: Ensure that no person is pressured into, or excluded for, their belief.

Action Points:
- Improve access to reliable, non-partisan media.
- Educate on critical thinking and self-reflection.
- Provide tools for individual development and autonomy.

GOAL
87

Maintain Boundaries Between Faith and Public Authority

Definition: Personal belief must be respected, but not used to infringe on others' rights.

Action Points:
- Prevent religious bias in public institutions and leadership.
- Require transparency on religious affiliations of political actors.

Freedom of Worship

Article 2.4: Faith and politics

GOAL 88

Ensure Non-Discrimination in Political Participation

Definition: Guarantee that no individual is excluded from political office or government roles based on religious identity.

Action Points:
- Audit national systems for barriers to political access for religious minorities.
- Prohibit de facto religious dress or symbol bans in political institutions.
- Require inclusion oaths supporting tolerance and pluralism for elected officials

GOAL 89

Defend Religious Expression in Political Life

Definition: Uphold the right of politicians to peacefully express their beliefs.

Action Points:
- Guarantee space for religious expression (e.g., attire, references, symbols).
- Permit religious texts in political debate while preserving equal access.
- Recognize that freedom of religion includes freedom to critique religion.

GOAL 90

Assign Oversight to Independent Legal Bodies

Definition: Resolve faith-related political conflicts through impartial, apolitical mechanisms.

Freedom of Worship

Action Points:

- Establish independent bodies to interpret rules of religious-political engagement.
- Empower courts to resolve discrimination claims fairly.

GOAL 91

Strengthen Politicians' Responsibility to Protect Belief Freedom

Definition: Public leaders must promote the right to believe or not believe for all citizens.

Action Points:

- Build direct contact between politics and citizens via outreach programs.
- Create educational initiatives in schools led by intergovernmental organizations (e.g., UN).
- Provide mechanisms for public appeals regarding belief-based discrimination.

GOAL 92

Guarantee Separation of Religion and State

Definition: Ensure religious institutions do not control political institutions and vice versa.

Action Points:

- Prohibit forced religious participation in political settings.
- Maintain elections free from religious influence or requirements.
- Define eligibility criteria for international participation based on pluralism.

GOAL 93

Promote Interfaith Peace Initiatives

Definition: Foster harmony between belief groups through shared political efforts.

Freedom of Worship

Action Points:
- Organize national and local interfaith peace events.
- Fund joint programs promoting cross-belief cooperation.

GOAL 94

Ensure Religious Neutrality in Key Institutions

Definition: Prevent bias in education, employment, housing, law, and politics.

Action Points:
- Enact anti-discrimination laws for education and the workplace.
- Guarantee freedom to wear or abstain from religious symbols in public life.
- Safeguard housing rights regardless of belief identity.

GOAL 95

Equal Legal Protection for All Belief Systems

Definition: The legal system must uphold justice for all, regardless of religious affiliation.

Action Points:
- Train law enforcement and judiciary to avoid religious bias.
- Ensure equal legal counsel and access to justice.
- Repeal laws that favor or penalize specific religions.

GOAL 96

Provide Balanced Religious Education

Definition: Offer inclusive education on world religions and philosophies.

Action Points:
- Introduce curricula developed by international bodies.
- Represent minority and non-religious perspectives proportionally.
- Emphasize dialogue, critical thinking, and historical context.

Freedom of Worship

Article 2.5: Religion in the public domain

GOAL 97

Promote Respectful Religious Expression in Public Life

Definition: Recognize religious expression as a living, evolving right that must adapt to modern realities.

Action Points:
- Monitor and report violations of religious freedom in public spaces.
- Enact proactive awareness and adaptation policies.
- Condemn misuse of religion to justify discrimination or violence.

GOAL 98

Ensure Equal Accessibility for Religious Practice

Definition: Guarantee equal access to facilities, time, and opportunities to express religious or belief-based identities.

Action Points:
- Allow individuals to choose holidays based on belief.
- Allocate public space/time for diverse religious events.
- Equitably distribute permits for places of worship.

GOAL 99

Protect Spiritual Access to the Natural Environment

Definition: Safeguard ecosystems that carry religious or spiritual meaning.

Action Points:
- Legally recognize the spiritual value of natural spaces.
- Prevent environmental degradation that threatens religious use.
- Require continuous improvement and preservation of spiritual environments.

Freedom of Worship

GOAL 100
Advance Gender Equality in Religious Practice

Definition: Ensure all individuals can participate equally in religious life regardless of gender.

Action Points:
- Monitor and address gender discrimination in religious settings.
- Protect the right to leave restrictive religious communities.
- Promote inclusive interpretations of religious teachings.
- Fund women-led and LGBTQ+-affirming religious initiatives.

GOAL 101
Promote Full Inclusion of Marginalized Groups

Definition: Ensure vulnerable communities are not excluded from religious participation.

Action Points:
- Enforce anti-discrimination laws protecting religious access.
- Support community-led initiatives from underrepresented belief groups.
- Challenge religious rhetoric used to justify exclusion.

GOAL 102
Pluralistic Religious Education in Public Institutions

Definition: Encourage inclusive teaching about religion and belief in schools.

Action Points:
- Develop curricula that reflect diverse worldviews.
- Train educators in sensitive and unbiased instruction.
- Create discussion spaces for students of all backgrounds.

Freedom of Worship

GOAL 103

Encourage Dialogue and Critical Thinking on Religion

Definition: Use public education to foster respectful exploration of belief.

Action Points:
- Facilitate conversations between students and institutions.
- Equip educators to guide dialogue without bias.

GOAL 104

Ensure Safety and Respect in Public Practice

Definition: Guarantee individuals can worship or express belief safely and respectfully.

Action Points:
- Facilitate peaceful worship in shared spaces.
- Provide remedies for violations of religious rights in public.

GOAL 105

Hold Religious Institutions Accountable

Definition: Ensure religious organizations uphold ethical standards and human rights.

Action Points:
- Require fiscal and ethical transparency.
- Establish independent oversight for grievances.
- Provide internal training and audits.

GOAL 106

Promote Inter-Institutional Religious Cooperation

Definition: Foster peaceful collaboration and dialogue between religious groups.

Freedom of Worship

Action Points:

- Organize interfaith councils and forums.
- Share safety strategies and best practices.
- Hold institutions accountable for external harm.

GOAL 107

Define Balanced State-Religion Relationships

Definition: Maintain boundaries while enabling constructive cooperation.

Action Points:

- Prohibit state interference in religious leadership.
- Establish arbitration systems for disputes.
- Assign review bodies to ensure ethical standards.

GOAL 108

Foster Mutual Respect Between Religious and Non-Religious Actors

Definition: Promote respectful engagement across belief and non-belief lines.

Action Points:

- Encourage shared participation in civic and policy dialogue.
- Ensure respectful language and inclusive engagement in public settings.

Freedom from Want

Article 3.1: Poverty alleviation

GOAL 109

End Absolute Poverty Through Self-Sufficiency

Definition: End extreme poverty where basic needs are unmet, by supporting resilient healthcare and local development systems.

Action Points:
- Provide high-quality education for local medical professionals.
- Enable international medical exchange programs.

GOAL 110

Guarantee the Right to Basic Knowledge

Definition: Ensure everyone can read, write, and understand their rights to prevent exploitation and enable participation.

Action Points:
- Provide free literacy and numeracy education.
- Offer civic education about governance, rights, and responsibilities.

GOAL 111

Eliminate Socio-Economic Barriers to Participation

Definition: Remove obstacles that prevent individuals from fully participating in society based on income or background.

Action Points:
- Provide free quality education and extracurriculars for all.
- Offer affordable public transport with discounts for low-income households.
- Guarantee access to clean, affordable housing via subsidies.
- Expand pension access and inclusive job training programs.

Freedom of Worship

GOAL
112

Ensure Access to Inclusive Healthcare

Definition: Deliver affordable, accessible, and multilingual healthcare including mental, digital, and physical support.

Action Points:
- Inform vulnerable groups about their healthcare rights.
- Provide free and accessible health services.
- Integrate care into schools, community centers, and workplaces.

GOAL
113

Provide Support During Situational Poverty

Definition: Guarantee help for people facing sudden poverty due to job loss, illness, disaster, or transition.

Action Points:
- Launch education and prevention programs for risk awareness.
- Offer emergency housing, healthcare, food stamps, and income support.
- Ensure school access to psychological support.

GOAL
114

Break Generational Poverty Cycles

Definition: Address inherited inequality by providing long-term solutions through education and health.

Action Points:
- Fund quality public education in every region.
- Create tutoring hubs and quiet study spaces.
- Provide school-based nutrition and health programs.
- Support parental education on health and prevention.

Freedom from Want

Article 3.2: Access to basic needs

GOAL
115

Guarantee Access to Basic Survival Needs

Definition: Ensure every individual, regardless of geography or background, has reliable access to fundamental necessities like safe drinking water, nutrition, shelter, hygiene, and emergency healthcare.

Action Points:
- Establish a minimum of one safe, publicly accessible water point per community, maintained and monitored regularly.
- Criminalize illegal dumping and implement strict water safety inspections.
- Identify and prioritize underserved communities for infrastructure development, including emergency housing and food access.

GOAL
116

Secure Conditions for a Dignified Life

Definition: Guarantee not just survival but the ability to live with dignity through access to education, healthcare, bodily autonomy, identity, and legal protection.

Action Points:
- Create inclusive and stigma-free spaces where individuals can form identity and community bonds.
- Ensure affordable and high-quality mental healthcare that is culturally sensitive.
- Design public spaces and urban infrastructure that prioritize safety, accessibility, and human dignity.
- Enable flexible education systems that meet individual needs and respect different learning paces.
- Provide fair, unbiased access to legal support, including multilingual information.
- Legally protect bodily autonomy and prohibit coercive medical or institutional practices.

Freedom from Want

- Uphold freedom of belief and protect both religious and secular worldviews equally.
- Promote economic and housing policies that reduce instability and enable long-term life planning.

GOAL 117

Eliminate Barriers to Education

Definition: Break down systemic, financial, bureaucratic, and cultural barriers that prevent individuals from accessing education throughout life.

Action Points:
- Fund scholarships, free public education, and digital learning platforms accessible to all income groups.
- Include stateless and undocumented youth in public education systems without discrimination.
- Promote a curriculum that is inclusive, balanced, and regularly reviewed for ideological neutrality.

GOAL 118

Ensure Equal Access to Justice

Definition: Everyone must be equally protected and empowered by the legal system, with special attention to vulnerable and historically excluded groups.

Action Points:
- Provide mobile courts and legal outreach centers in remote and underserved areas.
- Offer legal education and accessible information on rights in multiple formats and languages.
- Systematically assess and eliminate legal discrimination through audits and reforms.

Freedom from Want

GOAL 119

Protect Bodily Autonomy and Freedom of Movement

Definition: All individuals have the right to move freely and control their own bodies, without threat of coercion, violence, or structural limitations.

Action Points:
- Enact laws that criminalize non-consensual medical procedures, conversion therapies, and systemic bodily control.
- Develop prevention, protection, and prosecution systems for human trafficking and forced labor.
- Provide free or subsidized public transportation as a basic right, particularly in rural or marginalized communities.

GOAL 120

Promote Belief and Identity Freedoms

Definition: Safeguard individuals' right to express or abstain from belief in both public and private life, ensuring equal treatment and social inclusion.

Action Points:
- Implement national campaigns in schools, workplaces, and media promoting religious literacy and freedom of conscience.
- Monitor and address belief-based discrimination in housing, employment, and education.

GOAL 121

Enable Stability and Predictability

Definition: Build systems and environments that allow individuals to make long-term plans and decisions with confidence.

Action Points:
- Create integrated social policies ensuring continuous access to housing, income support, healthcare, and public infrastructure.
- Protect people from abrupt evictions, benefit withdrawal, or access restrictions due to administrative or legal barriers.

Freedom from Want

Article 3.3: Equal opportunities for all

GOAL 122

Eliminate Structural Discrimination and Bias

Definition: Break down institutional systems and cultural norms that perpetuate inequality.

Action Points:
- Conduct regular anti-bias audits in education, healthcare, and justice systems.
- Train public servants and educators in unconscious bias and inclusive practice.
- Reform discriminatory policies and procedures in public institutions.

GOAL 123

Ensure Equal Access to Public Services and Resources

Definition: Guarantee that all people, regardless of identity or legal status, can access education, healthcare, housing, and other essential services.

Action Points:
- Remove bureaucratic and financial barriers to essential services for marginalized groups.
- Expand multilingual and disability-inclusive services.
- Monitor equity of service delivery through transparent public reporting.

GOAL 124

Strengthen Representation and Leadership Diversity

Definition: Ensure decision-making bodies reflect the full diversity of the population.

- Set targets for inclusive leadership in public and private institutions.
- Create mentorship and leadership development programs for underrepresented groups.
- Promote participatory governance models that include youth, minorities, and people with lived experience.

GOAL 125

Promote Economic Equity and Mobility

Definition: Address economic inequality through inclusive labor markets, fair wages, and wealth redistribution.

Action Points:
- Enforce equal pay laws and support inclusive recruitment practices.
- Provide free or subsidized professional training for disadvantaged groups.
- Create entrepreneurship programs targeting youth, migrants, and marginalized communities.

GOAL 126

Protect Legal Equality and Non-Discrimination

Definition: Enshrine equality before the law and prohibit all forms of discrimination.

Action Points:
- Harmonize national legislation with international human rights standards.
- Establish independent bodies to investigate and address discrimination complaints.
- Guarantee legal aid and justice access for marginalized groups.

Freedom from Want

127

Empower Youth and Future Generations

Definition: Create systems that allow all young people to develop fully, participate in society, and shape their future.

Action Points:
- Lower voting ages and promote youth involvement in policy-making.
- Fund youth-led initiatives and creative expression platforms.
- Integrate intergenerational equity into national budgeting and planning.

Freedom from Want

Article 3.4: Education and employment

GOAL 128

Guarantee Free and Inclusive Education

Definition: Ensure all young people can access education regardless of income, background, or legal status, without hidden costs.

Action Points:
- Provide free public education at all levels, including digital and alternative routes.
- Remove exclusion based on residence status, poverty, or institutional placement.
- Fund transportation, materials, and digital access to eliminate hidden costs.

GOAL 129

Promote Autonomy and Exploration in Education

Definition: Enable students to grow beyond performance metrics by focusing on curiosity, identity, and critical thinking.

Action Points:
- Integrate emotional literacy, civic education, and creativity in core curricula.
- Recognize and support diverse learning needs and personal interests.
- Facilitate co-creation of education by involving students in shaping content.

GOAL 130

Dismantle Structural Inequality and Pressure in School Systems

Definition: Prevent education from reproducing social inequality or mental distress through unfair selection and competition.

- End premature tracking and create more inclusive school transitions.
- Replace ranking systems with diverse and formative evaluations.
- Provide mental health support and guidance to reduce stress and stigma.
- Monitor schools for structural discrimination and exclusion.

GOAL
131

Ensure Access to Safe and Fair Employment

Definition: All young people must be able to access paid, secure, and respectful work that allows them to build their lives.

Action Points:
- Remove legal, social, and economic barriers to entering the workforce.
- Invest in paid internships, learning-work trajectories, and entry-level jobs.
- Legally recognize and value informal work, caregiving, and volunteering.

GOAL
132

Make Work Contribute to Stability and Security

Definition: Employment must offer enough income and stability to support independent living and social participation.

Action Points:
- Enforce fair pay and inclusive access to social protection systems.
- Provide legal safeguards against exploitation and insecurity.
- Ensure access to unemployment support and housing for working youth.

GOAL
133

Ensure Autonomy, Safety, and Voice in the Workplace

Definition: Work must respect the rights, dignity, and well-being of all young workers.

Freedom from Want

- Guarantee protection from discrimination, harassment, and overwork.
- Create independent reporting systems and access to legal aid.
- Protect space for rest, development, and self-expression on the job.

GOAL
134

Promote Meaning and Purpose in Careers

Definition: Support young people in pursuing work that aligns with their values and contributes to a just, sustainable society.

Action Points:
- Invest in job opportunities in social, green, and creative sectors.
- Promote flexible career paths and life-long learning.
- Co-create labor policies with youth based on lived experience.

Freedom from Want

Article 3.5: Healthcare for all

GOAL
135

Achieve Universal and Equitable Access to Healthcare

Definition: Ensure everyone receives essential services without discrimination or financial hardship, across both urban and rural areas.

Action Points:
- Provide free public education at all levels, including digital and alternative routes.
- Remove exclusion based on residence status, poverty, or institutional placement.
- Fund transportation, materials, and digital access to eliminate hidden costs.

GOAL
136

Ensure Access to and Control over Personal Health Data

Definition: Empower people to manage their health through safe access to digital medical records.

Action Points:
- Develop secure, interoperable digital health systems.
- Guarantee the right to access, download, and share personal health data.
- Train patients and professionals in digital literacy and data privacy.

GOAL
137

Promote Global Solidarity in Health Financing

Definition: Close global health gaps by redistributing resources and strengthening systems in low-income countries.

Freedom from Want

- Create global health funds supported by wealthier nations.
- Link aid to long-term investments in health infrastructure.
- Support cross-border training, technology transfer, and knowledge sharing.

GOAL 138

Provide Inclusive Healthcare Education

Definition: Ensure everyone—regardless of background—can access accurate, relevant, and empowering health education.

Action Points:
- Develop multilingual and culturally sensitive educational materials.
- Deliver education via schools, communities, and mobile units.
- Train peer educators and community health workers.
- Use online platforms and feedback tools to reach diverse audienc

GOAL 139

Raise Awareness of Key Health Topics

Definition: Equip people with the knowledge to stay healthy and seek care when needed.

Action Points:
- Launch public awareness campaigns and health fairs.
- Destigmatize sensitive topics like mental and reproductive health.
- Use testimonials and integrate health modules into school curricula.

GOAL 140

Make Healthcare Education Equitable and Respectful

Definition: Center diversity, accessibility, and community involvement in all health education.

- Co-create programs with underserved communities.
- Ensure accessibility (e.g., Braille, sign language, plain language).
- Provide bias training and anti-discrimination policies for educators.
- Advocate for equitable public funding of inclusive education.

GOAL
141

Prevent Illness Through Proactive and Inclusive Action

Definition: Prevention must be prioritized through education, healthy environments, early detection, and accessible support systems.

Action Points:
- Provide universal access to vaccinations and school-based health education.
- Fund mental health counseling, addiction prevention, and healthy lifestyle services.
- Use telemedicine, mobile clinics, and digital tools for outreach and monitoring.
- Enforce public policies that ensure clean air, food security, and safe housing.

GOAL
142

Ensure Timely and Dignified Treatment for All

Definition: Treatment must be available to everyone, free from discrimination, and responsive to personal and cultural needs.

Action Points:
- Commit to minimum global treatment standards tracked by open data systems.
- Deliver care via mobile clinics, drones, and global workforce exchanges.
- Launch digital health wallets and recognize traditional care where appropriate.

Freedom from Want

GOAL 143

Guarantee Equity in Global Health Systems

Definition: Quality of care must not depend on geography or wealth.

Action Points:
- Standardize treatment guidelines across borders.
- Enable open licensing and equitable drug access.
- Create global benchmarking and data-sharing systems.

GOAL 144

Strengthen Global Cooperation for Sustainable Health

Definition: Health systems must be built on shared responsibility, global solidarity, and climate resilience.

Action Points:
- Establish resource pools and response pacts for emergencies.
- Fund climate-health resilience and open knowledge platforms.
- Link global security to equitable, sustainable healthcare.

GOAL 145

Advance Inclusive and Ethical Health Research

Definition: Medical research must serve all of humanity—across gender, age, income, and region.

Action Points:
- Fund research on neglected diseases and underrepresented populations.
- Promote international trials with shared ethical and safety standards.
- Ensure free, multilingual public access to all research outcomes.

Freedom from Want

GOAL
146

Uphold Justice and Integrity in Global Health

Definition: Healthcare must never be used as a tool of control, exclusion, or profit.

Action Points:
- Ban politically conditional aid and military-run health logistics.
- Nationalize essential drug production and protect health from sanctions.
- Enforce ethical governance through citizen-led councils and open data.
- Penalize overuse of antibiotics and environmental harm by health industries.

Freedom from Fear

Article 4.1: Safety and justice

GOAL 147

Create Environments Free from Fear and Threats

Definition: Support safe and inclusive communities by reducing fear, exclusion, and discrimination.

Action Points:
- Invest in community hubs, safe public spaces, and inclusive gathering places.
- Support emotional resilience, belonging, and identity development for youth.
- Launch local and international programs that build solidarity across groups.

GOAL 148

Prevent Abuse of Power and Institutional Discrimination

Definition: Ensure that all institutions are democratic, just, and accountable to the people they serve.

Action Points:
- Ban legal practices that allow wealth or status to avoid accountability.
- Enforce anti-discrimination laws and independent complaints procedures.
- Guarantee transparency in politics, police, and public institutions.

GOAL 149

Provide Accessible and Fair Legal Support

Definition: Ensure that everyone, including youth, can understand, access, and shape justice systems.

Freedom from Want

- Provide free legal aid, mediation services, and rights education.
- Develop child- and youth-friendly justice systems.
- Involve communities in designing restorative and preventive alternatives.

GOAL 150

Protect the Right to Peaceful Protest and Activism

Definition: Respect and protect civil disobedience and peaceful resistance as core parts of democracy.

Action Points:
- Decriminalize non-violent protest and civic action.
- Protect activists and organizers from surveillance or retaliation.
- Provide public education on civic rights and freedom of assembly.

GOAL 151

Build Resistance Against Misinformation and Manipulation

Definition: Strengthen people's ability to recognize, question, and respond to false or harmful information.

Action Points:
- Integrate critical thinking and media literacy into education at all levels.
- Launch public campaigns on digital manipulation and emotional targeting.
- Mandate transparency for online platforms and AI-generated content.

GOAL 152

Uphold Press Freedom and the Right to Know

Definition: Guarantee access to reliable information and protect those who uncover truth.

Freedom from Want

- Ensure legal and physical protection for journalists and media outlets.
- Prevent censorship and promote pluralism in media ecosystems.
- Support cross-border investigative collaboration.

Protect Privacy and Identity in the Digital Age

Definition: Defend personal data and digital rights against exploitation and misuse.

Action Points:
- Expand privacy laws and enforce data protection standards globally.
- Ensure access to and control over personal data for all users.
- Monitor algorithmic decision-making for bias and discrimination.

Freedom from Fear

Article 4.2: Protection from violence

GOAL 154

Defend Bodily Autonomy and Personal Integrity

Definition: Every individual must be free to make decisions about their own body and actions, supported by education and legal protection.

Action Points:
- Establish legal oversight to hold decision-makers accountable for violations of individual rights.
- Provide widespread education on personal rights and social responsibility.
- Promote spaces for dialogue and public expression around freedom and values.

GOAL 155

Build Safe and Supportive Communities

Definition: Families and communities must foster collective safety, dignity, and resilience through reflection, care, and mutual learning.

Action Points:
- Create intergenerational spaces to discuss parenting, autonomy, and support.
- Offer workshops on recognizing and preventing normalized violence.
- Form partnerships between schools, religious groups, and local organizations for shared safety education.

GOAL 156

Strengthen Community-Based Accountability

Definition: Empower communities to prevent and respond to violence using culturally rooted, restorative approaches.

- Establish local councils to mediate conflicts and provide early interventions.
- Develop safe, stigma-free reporting systems embedded in communities.
- Support wraparound services including counseling, legal aid, and shelter through local partnerships.

GOAL 157

Ensure Safe and Just Work Environments

Definition: All organizations must actively prevent violence, exploitation, and discrimination while creating cultures of safety and care.

Action Points:
- Mandate internal departments responsible for monitoring workplace safety and culture.
- Require annual public reports on internal complaints and investigations.
- Enforce third-party audits and whistleblower protections across all sectors.

GOAL 158

Democratize Government Power and Accountability

Definition: Governments must reflect the voice of the people, protect civil liberties, and respond to crises with justice and care.

Action Points:
- Promote representative democracy through electoral reform and inclusive participation.
- Foster transparency and community-centered policing.
- Build robust emergency preparedness systems with public training and clear plans.

Freedom from Want

159

Address Global and Environmental Violence

Definition: International systems must protect against violence caused by war, ecological destruction, and structural injustice.

Action Points:
- Ban environmental destruction as a military strategy and prosecute ecocide.
- Expand international courts and treaties to enforce accountability across borders.
- Center Indigenous knowledge and leadership in climate justice and restoration.

Freedom from Fear

Article 4.3: Workplace safety

GOAL 160

Ensure Equal Pay, Fair Promotion, and Non-Discrimination

Definition: All workers have the right to equal treatment regardless of gender, ethnicity, disability, or background.

Action Points:
- Conduct pay audits and enforce equal pay standards.
- Provide mandatory training on equity and inclusion.
- Implement anonymous feedback systems and revise policies to eliminate bias.
- Enforce fair access to leadership positions with financial incentives, diversity consults, and legal penalties.

GOAL 161

Guarantee Financial Security and Freedom from Retaliation

Definition: Workers must have stable income and the freedom to raise concerns without fear of financial loss.

Action Points:
- Enforce livable wage laws and support small employers through tax and media incentives.
- Promote transparent pay scales, union advocacy, and wage consultations.
- Enact whistleblower protection and provide safe reporting systems.
- Expand access to sick leave, parental leave, insurance, and healthcare.
- Provide education on financial rights at work through public and employer-driven initiatives.

Freedom from Fear

GOAL 162 — Build Transparent and Accountable Financial Governance

Definition: Financial practices in the workplace must be fair, participatory, and open to oversight.

Action Points:
- Require wage reporting, labor inspections, and shared decision-making.
- Engage civil society and workers in monitoring and enforcement.
- Support international data-sharing and litigation frameworks for justice.

GOAL 163 — Protect Physical Safety and Health

Definition: All workers must be protected through safe environments, proper gear, health access, and rest.

Action Points:
- Provide equipment, ergonomic workstations, and safety training.
- Ensure access to comprehensive health insurance and monitor compliance.
- Set clear rest time standards, including mandatory breaks, days off, and no-meeting hours.
- Prevent workplace violence through policy, support staff, and external confidants.

GOAL 164 — Safeguard Mental Health and Emotional Wellbeing

Definition: Workplaces must actively prevent burnout, protect privacy, and support mental health.

Freedom from Fear

- Provide training on respectful behavior and confidential conflict resolution.
- Limit after-hours communication and respect personal data.
- Monitor workload and offer digital security education.
- Mandate bi-annual check-ins with HR or trusted staff.
- Offer mental health screenings, support programs, and workplace stress evaluations.

GOAL 165

Promote Contract Stability and Secure Employment

Definition: Everyone has the right to stable and secure contracts with clear pathways to permanence.

Action Points:
- Prioritize permanent contracts for ongoing roles.
- Define transition criteria and monitor non-standard contract use.
- Include contract stability in HR, mental health, and well-being policies.

GOAL 166

Uphold Rights of Migrant and Precarious Workers

Definition: Young people with temporary, informal, or undocumented status must receive the same workplace protections as others.

Action Points:
- Ensure equal labor rights regardless of residency or immigration status.
- Provide multilingual legal aid and complaint mechanisms.
- Abolish restrictive visa-linked labor schemes and introduce path-to-residency protections.

Freedom from Fear

GOAL 167

Strengthen Global Standards and Supply Chain Responsibility

Definition: Workplace safety is a global issue and must be upheld across borders and industries.

Action Points:
- Enforce binding international labor and safety standards.
- Hold companies accountable for abuse in international supply chains.
- Create accessible global grievance and remedy mechanisms.

GOAL 168

Expand Youth Participation in Shaping Work Futures

Definition: Young people must co-create the systems and cultures in which they work.

Action Points:
- Involve youth in designing national labor policy and safety standards.
- Support youth-led labor unions, networks, and cooperatives.
- Integrate civic and workplace participation into education and job training.

Freedom from Fear

Article 4.4: Political stability

GOAL 169

Strengthen Adaptability of Political Systems

Definition: Support peaceful transitions of power and stable long-term governance beyond short-term electoral cycles.

Action Points:
- Standardize policy drafting and require consultation with former administrations during transitions.
- Enable phased implementation of policy to maintain predictability.
- Allow referendums to repeal outdated or harmful policies.

GOAL 170

Promote Civic Knowledge and Legal Literacy

Definition: Empower citizens—especially youth—to understand governance and policy-making.

Action Points:
- Integrate political, legal, and financial education into school curricula.
- Require public-facing explanations when new policies are enacted.
- Use clear, accessible language in all government communication.

GOAL 171

Build Resilient Political Institutions

Definition: Ensure systems can anticipate and respond to environmental, social, and economic shocks.

Freedom from Fear

Action Points:
- Create strategic planning units to assess long-term risks like climate, demography, or tech disruption.
- Develop community-government feedback platforms to report and respond to emerging risks.
- Combine diverse lived experiences with scientific research to design adaptive legislation.

GOAL 172

Conduct Independent Policy Impact Reviews

Definition: Ensure every major policy proposal is assessed for its social consequences.

Action Points:
- Set up expert panels and review boards.
- Include mandatory assessments on effects for vulnerable groups.

GOAL 173

Make Justice Institutions Accessible and Trusted

Definition: Ensure the justice system is available to all and administered fairly.

Action Points:
- Make legal systems like cadastres and civil registries available online while protecting privacy.
- Provide mobile legal clinics and expand court access in rural areas.

GOAL 174

Establish Diverse Citizen Review Boards

Definition: Engage citizens in reviewing policy and legal decisions with accountability and equity.

Action Points:
- Create representative review groups with clear values, scope, and selection processes.
- Define review criteria based on lived experience and fairness.

Freedom from Fear

GOAL
175

Educate People About Their Rights

Definition: Enable people to recognize and defend their rights without fear.

Action Points:
- Identify key target groups and rights to include.
- Create open-access online platforms with accessible resources.

GOAL
176

Protect Whistleblowers and Journalists

Definition: Support those who expose injustice by ensuring safety and recognition.

Action Points:
- Enact protection laws and increase support for whistleblowers.
- Strengthen the rights and independence of investigative journalists.

GOAL
177

Engage Minorities in Transparent Governance

Definition: Hold leaders accountable through proactive inclusion and monitoring.

Action Points:
- Facilitate safe and meaningful dialogue with minority communities.
- Include their input in co-creating solutions.

GOAL
178

Launch a Citizen Feedback Initiative (CFI)

Definition: Gather firsthand insights to align public services with real community needs.

Freedom from Fear

Action Points:
- Recruit and train local field teams.
- Collect and analyze responses through interviews and questionnaires.
- Redirect resources and hold actors accountable based on findings.

GOAL 179
Represent Unheard Voices in Policymaking

Definition: Assign individuals and institutions to advocate for underrepresented groups.

Action Points:
- Appoint ombudspersons with specific mandates to represent unheard groups.
- Empower general ombuds offices to signal systemic neglect.

GOAL 180
Mandate Pre-Policy Impact Reviews (PPIR)

Definition: Ensure major proposals are backed by evidence and anticipate outcomes.

Action Points:
- Establish legal thresholds that trigger mandatory PPIRs.
- Create independent review units.
- Standardize evaluation methods to ensure rigor and accountability.

GOAL 181
Educate All Citizens on Governance

Definition: Make knowledge about government structures, duties, and systems widely accessible.

Action Points:
- Integrate civic education into formal schooling and lifelong learning.
- Encourage innovation to simplify complex systems for broader understanding.

Freedom from Fear

Article 4.5: Protection of vulnerable groups

GOAL
182

Ensure Equal Protection Under Law

Definition: Every individual deserves legal protection regardless of identity or status.

Action Points:
- Enforce strict penalties for hate crimes and workplace discrimination.
- Guarantee language-accessible legal advice in refugee centers.

GOAL
183

Promote Awareness and Education

Definition: Empower people with knowledge to recognize threats and act on their rights.

Action Points:
- Provide free legal service desks in workplaces and online.
- Disseminate information via flyers, apps, and awareness campaigns.
- Offer workshops in schools and workplaces on rights and response strategies.

GOAL
184

Protect Refugee Rights

Definition: Ensure fair treatment and dignity for people fleeing conflict, persecution, or disaster.

Action Points:
- Ratify and enforce the 1951 Refugee Convention.
- Provide language-accessible legal aid for refugee claimants.

Freedom
from Fear

GOAL
185

Address and Repair Past Injustices

Definition: Confront historical human rights violations to foster healing and reform.

Action Points:
- Establish Truth Commissions focused on truth-telling, healing, and institutional reform.

GOAL
186

Increase Community Outreach Programs

Definition: Build trust through direct, inclusive engagement with vulnerable groups.

Action Points:
- Host regular community events such as potlucks for informal dialogue.
- Organize political information sessions during election periods.

GOAL
187

Enable Meaningful Participation in Governance

Definition: Vulnerable groups must be able to shape decisions that affect their lives.

Action Points:
- Design accessible participatory consultations.
- Ensure all voting venues are physically and socially accessible.

GOAL
188

Create Youth Policy Conferences

Definition: Young people must be given platforms to co-create laws and policies.

Freedom from Fear

Action Points:
- Increase the number and geographical spread of youth conferences.
- Discuss and integrate results in policymaking.

GOAL 189

Establish a Citizen Council

Definition: Use deliberative processes to include diverse perspectives in national governance.

Action Points:
- Annually assemble randomly selected citizens from diverse backgrounds.
- Present citizen solutions to legal experts and relevant MPs for consideration.

GOAL 190

Strengthen Digital Safety for All

Definition: Safeguard vulnerable populations from online exploitation, misinformation, and abuse.

Action Points:
- Promote intergenerational tech learning through social internships.
- Educate children from primary school onward about digital safety.
- Develop animated programs and gamified apps to teach online awareness.
- Provide digital literacy support in libraries and through municipal budgets.

GOAL 191

Educate the Elderly on Digital Literacy

Definition: Support older generations in accessing and navigating digital environments.

Freedom
from Fear

Action Points:
- Organize workshops at retirement homes and community centers.
- Establish help lines for digital support.
- Distribute step-by-step guides for online platforms and services.

GOAL
192

Provide Universal Safeguarding Access

Definition: Offer easily accessible support systems for those facing abuse or uncertainty.

Action Points:
- Create a support hotline modeled on child helplines for legal or digital issues.
- Ensure visibility and reach of safeguarding services across institutions.

**STICHTING 80 JAAR
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